

the Krishnamurti Centre

Would like to invite you to our

Young Adults Retreat

(21 - 30 years of age or those who feel young at heart)

Discovering a new way of living



I now cannot imagine not having such an experience. An energetic combination of people and place, whilst discussing the teachings of Krishnamurti. I have not experienced a place like Brockwood before and felt energised by the building, the mature students and particularly the kitchen and the productive garden.



It was a good experience to be with likeminded people and to talk about subjects which aren't really often a subject of talk in daily life. I think we had a nice group of people and during the few days we were there I really had the feeling that I knew everybody for a lot longer than just a few days. Also the surroundings in the Centre were very relaxing and calm.

BROCKWOOD PARK, BRAMDEAN, HAMPSHIRE SO24 0LQ

www.krishnamurticentre.org.uk

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An event of inquiry and dialogue from the 3rd – 6th July 2018 dedicated to those interested in coming together and exploring fundamental questions of life.

Rates: £120 (for adults between 21 - 30 years)/£240 (standard rate)

Charges include full board and lodging as well as material for the event from lunch on the 3rd July to supper on the 6th July.

To book a place or for more information please contact us at:

info@krishnamurticentre.org.uk or 01962771748

Following from the first Young Adults retreat in 2017, the Centre hosts the second with an invitation for participants to discover a new way of living. With silence, nature and dialogue at the core of this retreat, participants will be challenged to sustain an inquiry into issues of everyday life that concern and connect us all. The potential for thinking together through the format of dialogue will be explored as a possible transformative tool in society.

“Don't you also want to go away sometimes to quiet and take stock of things and not merely become a repetitive machine, a talker, explainer and expounder? Don't you want to do that some time, don't you want to be quiet, don't you want to know more of yourself?”

All the same, it is good to retreat to quiet and to take stock of everything that you have done. When you do that, you acquire experiences that are not recognized, not translated.

Your retreat, if you follow it rightly, will have significance to you. And I think it is essential sometimes to go to retreat, to stop everything that you have been doing, to stop your beliefs and experiences completely, and look at them anew, not keep on repeating like machines whether you believe or do not believe. You would then let in fresh air into your minds.”

J. Krishnamurti _ Madras (Chennai), India, January 5, 1952

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“It is not a schoolboy or college debate in which you put forward one set of ideas, and I another, and we wrangle about it to see who comes out victorious. If that is all you are interested in, then you are victorious already; you have already won. But if we want to understand the problems of life, then we must not be in a debating mood, we must not discuss in an argumentative or contentious spirit. Life is a problem to most of us, and words will not solve it, explanations will not heal our wounds. We have to understand it; and to understand requires a great deal of love, gentleness, hesitancy, humility, not argumentation as to who is right and who is wrong.”

J. Krishnamurti _ Banaras (Varanasi), India, February 7, 1960

The events organized at the Centre are for those who would like to inquire together in an atmosphere of openness with like-minded people. These events are attended by those who are acquainted with the teachings as well as those who are new to them. Video or audio of Krishnamurti’s talks are followed by dialogues among the participants.

Daily Schedule

All the meetings, dialogues and video-showings will be happening in the library. The event begins and ends after lunch:

Tuesday

- 1.00 PM Lunch
- 3.00 PM General meeting
- 5.15 PM Optional introductory video tape to Krishnamurti’s life and teachings
- 6.00 PM Video/audio
- 7.00 PM Supper

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Wednesday

8.00 AM	Breakfast
9.00 AM	Silent morning meeting
9.30 AM	Video/audio
10:30 AM	Tea break
11.00 AM	Dialogue
1.00 PM	Lunch
5.00 PM	Dialogue
7.00 PM	Supper

Thursday

8.00 AM	Breakfast
9.00 AM	Silent morning meeting
9.30 AM	Dialogue
11:45 AM	Tea break
12.00 AM	Video/ audio
1.00 PM	Lunch
5.00 PM	Dialogue
7.00 PM	Supper

Friday

8.00 AM	Breakfast
9.00 AM	Silent morning meeting
9.30 AM	Video/audio tape
10:30 AM	Tea break
11.00 AM	Dialogue
12.30 AM	Final meeting
1.00 PM	Lunch

Please note: this is a provisional schedule. Programme times and activities may occasionally vary. A group walk and a visit to the school may be included in the programme.